

Take out that Rock...

Curling is a sport in which players slide stones on a sheet of ice towards a target area which is segmented into four concentric circles. It is related to bowls, boules and shuffleboard. Two teams, each with four players, take turns sliding heavy, polished granite stones, also called rocks, across the ice *curling sheet* towards the house, a circular target marked on the ice. Each team has eight stones. The purpose is to accumulate the highest score for a game; points are scored for the stones resting closest to the centre of the house at the conclusion of each end,

which is completed when both teams have thrown all of their stones. A game usually consists of eight or ten ends.

The curler can induce a curved path by causing the stone to slowly turn as it slides, and the path of the rock may be further influenced by two sweepers with brooms who accompany it as it slides down the sheet, using the brooms to alter the state of the ice in front

of the stone. A great deal of strategy and teamwork go into choosing the ideal path and placement of a stone for each situation, and the skills of the curlers determine how close to the desired result the stone will achieve. This gives curling its nickname of **"chess on ice"**.



MONDAY & TUESDAY AFTERNOONS

JUNIOR CURLING

Ages 8-20 Welcome

Join Medicine Hat's Junior Curling section for an exciting winter season starting in October and running through March, 2017!

Funded in part by 2016 Alberta Winter Games Legacy Grant.

Lessons are provided by certified instructors and start from the basics. Safety and fun are our focus. Equipment is provided, all you need is clean, flat soled running shoes and clothes you can move around in to get started!

For those with a bit more experience, Medicine Hat offers Mini Rockers, Bantam and Juvenile coaching and competition.

The Junior Sections play at 4:15pm on Monday's and Tuesday's offering you a choice of one or two days of instruction each week. SACA Certified Instructors lead the program.

Email manager@mhcurling.com or call the Medicine Hat Curling Club at 403-526-3821 or Tim at 403-928-0748 to sign up today!

<p>Starting October 3rd & 4th Runs until March 2017</p>	<p>Registration September 19th & 20th 4:00-6:00pm @ Curling Rink</p>
<p>Lessons taught by Certified Instructors</p>	<p>Mini Rockers/Bantam Ages 8-12 Monday and/ or Tuesday 4:15-5:45pm</p>
<p>Juvenile/Juniors Grades 7-12 Tuesday 4:15-6:15pm</p>	<p>Be a Junior Curler! \$95.00 / child • \$150.00 / family Junior curling fees include GST</p>

MEDICINE HAT CURLING CLUB
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